

Food prepared on these premises may contain traces of nuts.

Main courses can be made into a gluten free dish upon request



## The Vane Arms

AT THORPE THEWLES

Food served

12:00pm - 2:30pm

Head chef - Daniel Deville

Volume 1

# LUNCH

## TO START

**Spiced Homemade Hummus**- Kalamata Olives & Lebanese FlatBread (Ve)

8.25

**Chef's Soup of the Day (V)**- Sourdough & Maldon rock salt butter

7.95

**In-house Cured Salmon Gravalax**- blood orange, basil, apple & fennel salad (Gf)

10.95

**Jambon Parma Ham Croquettes** - served with saffron aioli & micro parsley

8.95

**Shetland Mussels** - in a white wine cream & garlic sauce & sourdough

9.95

**Infused Basil Burrata Salad** - rocket, mango and sunblushed tomatoes (Ve)

8.50

**Scottish King Scallops** - curried cauliflower puree, chorizo cream & Parma ham crumb

12

## LUNCH & LIGHT BITES

**Open Sourdough Roast Beef Sandwich** - English mustard mayo, pink pickled onion, rocket salad, dipping jus served with chunky chip

15.95

**Chicken Caesar Club sandwich**- homemade Caesar dressing, toasted sourdough, Parmesan, parsley, baby gem, salad & skin on fries

14.50

**Marinated Chicken Schawarma Flat bread** – garlic mayo, rocket, pickled vegetables, finished with pomegranate seeds & skin on fries

14.95

**Slow Braised Sticky Belly Pork Flat Bread** - skin on fries & house salad

15.95

**Mini Fish & Chips** - 6oz cod fillet, chunky chips, mushy peas & homemade tartare sauce

14.95

**Mini Scampi** - 5 pieces of succulent scampi, chunky chips & homemade tartare sauce

13.95

**Moules & Frites** - Shetland mussels in a white wine cream & garlic sauce, skin on fries & sourdough slice

16.95

**Homemade Chicken Parmesan** - succulent chicken breast, in panko breadcrumbs, roast garlic mayo, bechamel sauce, duo of cheddar, mozzarella, skin on fries & house salad

17.95

## DESSERTS ALL £7.00

All of our desserts are made on site from locally sourced ingredients

**Sticky Toffee Pudding** - butterscotch sauce & vanilla pod ice cream

**Chocolate & Orange Brownie**- chocolate sauce, vanilla ice cream & seasonal berries

**Lemon Meringue Pie** - crushed meringue & coconut ice cream

**Selection Of Ice Creams with chocolate sauce (Gf)**

**Cheesecake Of The Day** - vanilla pod ice cream or pouring cream

**Upcoming Function or celebration?  
Ask to see our amazing private dining room  
out back and get booked in !**

(cocktail menu available just ask)

